



## chill mango gheer

NIBBLEDISH CONTRIBUTOR

### Ingredients

cut mango fruit without skin ( 7 pieces to make 1 glass)  
jaggery srup ( 5 table spoon)  
coconut milk ( 30 ml)  
cardoman powder ( to Taste )  
nut mug powder ( to Taste)

### Instructions

grind the cut mango to paste  
add all the mentioned ingredients and mix it with the mango paste and keep it in the fridge for 1 hour.  
After 1 hr the chliied mango gheer is ready to serve.  
enjoy it with ur family during all seasons.