

soba noodles with broccoli and chicken

NIBBLEDISH CONTRIBUTOR

Ingredients

I made this for 2 so I didnt really measure anything, except for the sauce.

- soba noodles
- broccoli
- 2 tbsp soy sauce
- chicken cutlets
- 1 tsp cornstarch
- 1c chicken stock
- onion and garlic, minced

Instructions

- 1. cook soba noodles according to package
- 2. Meanwhile, blanch broccoli
- 3. Sautee onion and garlic in a little oil and add chicken and broccoli. Cook until chicken is cooked through.
- 4. Whisk together the stock, soy sauce, and cornstarch and add to pan. cook until sauce begins to thicken.
- 5. add noodles to sauce