Summer Fruit Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 ruby red grapefruit sliced
- 1 yellow peach sliced
- 5 ripe strawberries sliced
- 1 tbsp honey
- 1 tsp fine sugar

Instructions

Combine everything in a bowl, toss it well, cover with plastic wrap and pop it in the freezer for 20 minutes. The freezer prevents the juices from running out of the fruit and it's just enough time to chill and mingle the sugars.

Serve as is or for a kick, add a few pieces of roughly torn small mint leaves. Totally refreshing.