



Grilled Salmon with Mint Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

2 salmon fillets
Large handful of spinach
Half a courgette, sliced
Avocado, cubed
4 cherry tomatoes, halved

Fresh/dried mint
Olive oil
Juice of half a lemon

Instructions

1. Mix the lemon juice with some olive oil and mint
2. Brush a bit of the dressing on top of each salmon and stick under the grill until cooked through.
3. In the meantime, toss the rest of the ingredients together and drizzle over the rest of the dressing.
4. Sit the salmon on top of your nice bed of mint salad.