

Beef rendang

NIBBLEDISH CONTRIBUTOR

Ingredients

600 gm beef- cut into 1" cube 1.2 liter coconut milk

pounded ingredients:

4 clove garlic

1 1/2 " ginger

1 1/2" galangal

2 stalk lemon grass

12 dried chillies

10 red onions

Ingredients to add last:

1/2 grated coconut- fry till brown - grind to paste

1 turmeric leaf- sliced

2 pieces dried asam keping (tamarind)

1 tbsp brown sugar

salt to taste

Instructions

- 1. Put meat, coconut milk and pounded ingredients in a large pot and cook till tender and almost dry.
- 2. Add the last ingredients and cooked further by stirring occasionally till dry.
- 3. Serve with rice or bread.

Note:
I used to cook this rendang during festive season and it can also replace with chicken meat or mutton. Notice that I don't use oil to saute the pounded ingredients, because after long boiling the coconut will extract its own oil.