

Salmon with Hollandaise Sauce

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 Salmon Fillet
- Some dry thyme
- Some dry basil
- Some dry parsley
- Some dry oregano
- Lime juice
- Salt and pepper
- Olive oil.

Sauce:

- 1/4 cup of butter
- Some flour. (Like teaspoon or so.)
- Sprinkle of salt.
- Sprinkle of black pepper.
- 1 cup of milk.
- An egg yolk.
- A wedge of lemon sauce.

Instructions

This is hollandaise-cheat sauce my way. Learnt this recipe from my boyfriends parents. So yummy.

- 1. Assemble the dry herbs in the lime juice.
- 2. Olive-oil the pan and add salmon fillet when ready. Sprinkle with salt and pepper on raw side.
- 3. Add some lime juice mixture and flip.
- 4. Put some more salt and pepper on the cooked side and lime juice. Flip.
- 5. Remove when ready and plate.
- 6. In pot, melt the butter and add milk afterwards.
- 7. Break yolk and slowly stir it in.
- 8. Add some flour slowly so it thickens, and salt + pepper.
- 9. Add lemon juice last and stir until thick.
- 10. Serve with veggies, brown rice and salmon! Mmm.