Flank Steak Quesadilla

NIBBLEDISH CONTRIBUTOR

Ingredients

- 4 strips of leftover grilled flank steak
- 1 multigrain tortilla
- handful of bell pepper strips
- 1 thick slice of red onion
- 1/4 cup of cheddar cheese - shredded
- Adobo seasoning
- EVOO

Instructions

Coat the steak, onion, and peppers with EVOO and Adobo seasoning. Place on grill pan, or Forman Grill.

In the meantime, place cheese on 1/2 of the tortilla. When all ingredients are grilled, place over cheese. Fold other half of tortilla over itself, and place in Forman grill for 2 minutes, or until cheese melts. YUM!

Serve with salsa and sour cream.

Calories including salsa/sour cream: 510