Wild rice and kidney bean salad

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

100g basmati rice
25g wild rice
400g can of kidney beans
Yellow pepper
Juice of 1 lemon
Fresh mint
Fresh parsley

Instructions

1. Boil the rice in slightly salted water.
2. Leave to simmer for 20 minutes until cooked.
3. Rinse and drain under cold water.
4. Toss together the pepper, kidney beans and herbs.
5. Mix in the rice and stir in the lemon juice.