



# Crispy parmesan chicken

NIBBLEDISH CONTRIBUTOR

## Ingredients

For 2:

2 chicken fillets

3 tbsp grated parmesan

1 egg, beaten

steamed rice and broccoli to serve

## Instructions

1. Spread the parmesan out on a plate.
2. Dip each fillet into the egg before rolling in the parmesan.
3. Grill on each side for about 5 minutes until it looks toasty and crisp.
4. Serve with steamed rice and broccoli.