

stir fried beef

NIBBLEDISH CONTRIBUTOR

Ingredients

2 white onions
3-4 cm grated ginger
1 clove of garlic
olive oil
1 tablespoon paprika powder
1 teaspoon chili (fresh or dried)
½ cabbage
500 g. ground beef
3 tablespoons soysauce
salt & pepper

Instructions

this is a really easy stir fry with a lot of taste and weight. takes less than 30 minutes to prepare.

- 1. chop/shred the cabbage
- 2. grate the ginger and garlic and chop onions
- 3. heat the olive oil and sear ginger, garlic, paprika, chili
- 4. add onions and cook until golden
- 5. add gound beef and cook until it's brown and crumbled
- 6. add the cabbage and stir fry
- 7. season with salt/pepper and mix with soy sauce

serve with a sweet mango chutney and make it more spicy if you like.