

Oriental Okra with thick Tomato Sauce and Lemon

NIBBLEDISH CONTRIBUTOR

Ingredients

400 grams of raw frozen okra.

- 5 large spoons of tomato paste.
- 2 large cloves of garlic (chopped).
- 1 medium onion (Chopped).

Instructions

- 1. In a Pyrex Glass cooking Pot melt the two spoons of ghee butter, then add the 5 big spoons of tomato paste and mix until it's hot and bubbly.
- 2. Add the medium chopped onion along with the chopped garlic, then add two big glasses of water and stir until the sauce is thick.
- 3. Add the Raw Okra into the sauce and stir.
- 4. Add a large pinch of salt, a pinch of dried coriander, a pinch of grounded black pepper, a pinch of all spice