



salmon in the garden with olive 0.3

NIBBLEDISH CONTRIBUTOR

Ingredients

1. 500 gr Salmon Fillet
2. Arugula
3. Olive Oil 0.3
4. Pepper (veg)
5. Soy Sauce
6. Cherry Tomatoes
7. Lettuce
8. Bean Sprouts

Instructions

1. Oil the pan with Olive Oil 0.3 wait till it gets hot
2. Add the sliced peppers and bean sprouts mix till they get fried
3. Add the cubed salmon and cook gently on low fire
4. Drop some Soy Sauce
5. Serve on Lettuce and Arugula with Cherry Tomatoes and fresh Bean Sprouts

Afiyet olsun :)