



Old Fashioned Chicken Vegetable Soup

NIBBLEDISH CONTRIBUTOR

Ingredients

Whole chicken baked or steamed

- 3 diced carrots
- 4 stalks of celery sliced
- 2 diced onions
- 1 diced red pepper
- parsley
- salt and pepper
- chicken broth
- 2 cups of water

Instructions

Bake or steam chicken and peel of meat set aside

Begin to boil down all vegetables with S+P and stock

Once veggies and broth are soft add meat

Top with freshly chopped parsley

Optional- add Rice or Pasta of choice

*Serve with bread or crackers