



# Old Fashioned Chicken Vegetable Soup

NIBBLEDISH CONTRIBUTOR

## Ingredients

Whole chicken baked or steamed

- 3 diced carrots
- 4 stalks of celery sliced
- 2 diced onions
- 1 diced red pepper
- parsley
- salt and pepper
- chicken broth
- 2 cups of water

## Instructions

Bake or steam chicken and peel of meat set aside

Begin to boil down all vegetables with S+P and stock

Once veggies and broth are soft add meat

Top with freshly chopped parsley

Optional- add Rice or Pasta of choice

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\*Serve with bread or crackers