



Winter Green Fruit Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

Salad:

1 Pre-washed Package of your favorite Mixed Greens
6-8 Large Strawberries
1 Bosch Pear
1/4 Cup French's Fried Onions
1/5 Cup Crumbled Blue Cheese
1/3 Cup Pecans

Dressing:

4 Tsp All Purpose Flour
6 Oz Pineapple Juice
1/3 Cup Sugar
1/3 Cup Orange Juice, without pulp
2 Tbsp Honey
2 Tbsp Lemon Juice

Instructions

To make dressing:

1. In a saucepan, combine all ingredients and heat on high
2. Stir dressing and bring to boil
3. Remove from heat once the dressing has thickened
4. Let cool for 20 minutes

To make salad:

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1. In salad bowl, add mixed green
 2. Cut pear and add
 3. Cut strawberries and add
 4. Add fried onions and pecans
 5. Add blue cheese

Add dressing to salad when you're ready to serve.

Serves 4.