

Sichuan eggplant wheat noodles

NIBBLEDISH CONTRIBUTOR

Ingredients

- 500 grams of eggplant, cut in slices and each slice in thin stripes
- 1/2 of yellow bell pepper, cubed
- 2 leaves of Napa Cabbage, sliced
- 1 small onion, minced
- 3 cloves of garlic, minced
- 1 tea spoon of grated ginger
- 1/4 cup of rice wine
- 1/2 cup of water
- 1/4 cup of Hoisin sauce
- 1 table spoon of soy sauce
- 1 table spoon of oil
- 1 tea spoon of sesame oil
- 200 grams of chinese wheat noodles
- 2 stalks of spring onion, sliced
- 1 tea spoon of white sesame seeds

Instructions

- 1. Cook noodles according to instruction on the package.
- 2. Heat oil, add garlic, onion and ginger, fry till fragrant, add eggplant, pour in wine and water.
- 3. Cover wok with a lid, cook about 5 min on medium heat.
- 4. Add napa cabbage, fry 5 min without cover.
- 5. Serve over noodles, spinkle with spring onion and sesame seeds.