



Taco Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1/2 lb of ground beef.
- 2 jalapeno peppers, seeds removed and chopped into pieces.
- 1/2 green pepper, seeds removed and chopped into pieces.
- A small onion, chopped.
- Salt and pepper.
- Premade Taco seasoning.
- Taco shells, broken into pieces or corn chips.
- A medium tomato, diced.
- Iceberg lettuce
- Corn, fresh off the cob or from the can.
- Salsa.
- Grated cheddar or monterey Jack cheese

- Sour cream.

Instructions

It may not have the fancy deep-fried tortilla bowl, but this is tasty. :)

1. In a frying pan, fry the ground beef, jalapeno peppers, green pepper and onion until browned and cooked.
2. Add the taco seasoning with water, and let the meat mixture simmer. Set aside afterwards.
3. In a bowl, assemble the salad; add the corn chips, the rest of the vegetables

then the meat. Toss it afterwards.

4. Add sour cream and salsa + cheese. Mix it and enjoy!