

Taco Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1/2 lb of ground beef.
- 2 jalapeno peppers, seeds removed and chopped into pieces.
- 1/2 green pepper, seeds removed and chopped into pieces.
- A small onion, chopped.
- · Salt and pepper.
- Premade Taco seasoning.
- Taco shells, broken into pieces or corn chips.
- A medium tomato, diced.
- Iceburg lettuce
- Corn, fresh off the cob or from the can.
- Salsa
- Grated cheddar or monterey Jack cheese
- Sour cream.

Instructions

It may not have the fancy deep-fried tortilla bowl, but this is tasty. :)

- 1. In a frying pan, fry the ground beef, jalapeno peppers, green pepper and onion until browned and cooked.
- 2. Add the taco seasoning with water, and let the meat mixture simmer. Set aside afterwards.
- 3. In a bowl, assemble the salad; add the corn chips, the rest of the vegetables

then the meat. Toss it afterwards. 4. Add sour cream and salsa + cheese. Mix it and enjoy!	