



Mediterranean Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

1 Cup Chickpeas
1 Cup Shelled Edamame
1/2 Cup Onions, Diced
1/2 Cup Avacado, Diced
1/2 Cup Tomatoes, Diced
1/2 Cup Cucumber, Diced
1/4 Cup Green Onions, Diced
1/4 Cup Feta Cheese, Crumbled

Dressing:

1/4 Cup Lemon Juice
4 Tbsp Extra Virgin Olive Oil
2 Tsp Salt
2 Tsp Pepper
2 Tsp Oragano

Instructions

1. Combine all the ingredients of the dressing in a cup, whisk together and set aside.
2. In desired serving bowl, combine all ingredients together except for feta cheese. With a spoon mix all ingredients together. If making this ahead, cover and refridgerate.
3. When ready to serve add feta and dressing over top.

Excellent side dish to any meat, poulty, or fish dish for lunch and dinner. Very filling and healthy. For variation substitute chickpeas for kindney beans, white beans, black beans, or garbanzo beans or use two different beans, 1/2 cup of each.

Serves 4.