



Baked Oatmeal

NIBBLEDISH CONTRIBUTOR

Ingredients

1.5 cups cooking oats
0.5 cup (soy)milk
1 or 2 tbs butter, melted
1 egg
1 tsp baking powder
1 tsp vanilla extract
A pinch salt

Instructions

This recipe is great for breakfast on a day off:

- Stumble out of bed and set the oven to 175C/350F, then hit the shower.
- In your bathing gown, mix the ingredients, but in an oven proof dish (I use my lasagna dish) and pop it in the oven.
- [Do some stretches](#) or enjoy a cup of coffee while the house fills with the aroma of your traditional baked oatmeal.
- After 25 minutes, scoop the golden goodies into a bowl and enjoy with warm milk and fresh fruit.

If you're a sweet tooth, you might want to add a tbs or two of sugar to the mix before you cook it. Or sprinkle with brown sugar in your bowl.

Serves 2.