

Orange Miso Eggplant

NIBBLEDISH CONTRIBUTOR

Ingredients

- 4 Japanese eggplants, sliced lengthwise into 1/2 inch pieces
- 1/4 cup mirin
- 3 tablespoons miso*
- 1 orange, juice and zest
- 1 tablespoon ginger, minced
- 1 teaspoon sesame oil
- 1/2 teaspoon hot chili sauce
- 2 cloves garlic, minced
- 1 tablespoons sesame seeds, toasted
- 2 scallions, chopped

Instructions

1. In a bowl, whisk mirin, miso, orange juice and zest, ginger, sesame oil, garlic and hot chili sauce.

2. Dunk eggplant slices into mirin mixture (both sides) and spread evenly on a baking pan coated with cooking spray. Pour any remaining marinade over eggplant slices.

3. Bake at 375 for 20-25 minutes or until eggplant is soft but not too mushy. Remove from oven and sprinkle with sesame seeds and green onions before serving.