

Microwave Sweet Potato Chips

NIBBLEDISH CONTRIBUTOR

Ingredients

1-2 medium sweet potatoes/yams1 Tbls olive oil saltspices (i used a moroccan rub)

Instructions

wash, peel and thinly slice sweet potatoes. i used a mandolin to slice mine super thin and evenly. place 1 Tbls olive oil in a bowl with salt and whatever spices you want, mix well. toss sweet potatoes and oil mixture together. place slices on a microwave safe plate in a single layer. microwave on high for 2 minutes, turn and repeat. take the chips and place on a paper towel to cool. delish, healthy chips!!