

Green bean and red pepper stew

NIBBLEDISH CONTRIBUTOR

Ingredients

- 2 cups of green beans
- 1 onion, finely chopped
- 1 chopped red pepper
- 4 slices of cheese
- 1 1/2 soup spoons of boiled water
- 1 soup spoon of minced basil
- 1 soup spoon of butter
- 1 mashed garlic clove
- salt and pepper at your taste

Instructions

- 1. Fry the red peppers, the onion and the garlic until the pepper is soft and the onion is clear.
- 2. Add the green beans cutted as julienne and mix looking that the beans are oiled well.
- 3. Spread the basil, salt and pepper at your taste.
- 4. Add the boiled water. Let evaporate all the liquid.
- 5. Add the cheese and taste the garnish.
- 6. Serve hot, with boiled potatoes or white rice. You can add cucumber or zucchini to the vegetables mix.