



## Mom's beef stew

NIBBLEDISH CONTRIBUTOR

### Ingredients

1 pound baby carrots  
2 pounds stew beef  
4-6 potatoes  
1 can tomato soup  
1 cup water  
1 envelope beef stew seasoning

### Instructions

(The photo is of reheated from frozen stew, so it doesn't look the best!)

Cut potatoes and carrots. Place them and beef in slow cooker.  
In a bowl, whisk together soup, water and seasoning. Pour over beef and veggies.  
Cover and cook for eight hours on low or four hours on high.