



Orange Glazed Chicken Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

3 Chicken Breasts Olive oil 1 Orange 3 tblsp. Brown Sugar 2 tblsp. butter

Salad ingredients (add anything you want) Baby green tomatoes red onion feta cheese avocado

Any kind of dressing I like a vinaigrette or ranch!

Instructions

Put a small amount of olive oil in skillet and heat to medium high. Cut chicken into bite size pieces and put into pan. After chicken is almost finished cooking add butter, brown sugar and the juice from one orange. Stir around. The sauce will start to caramelize (be patient) and coat the chicken. Put chicken on top of salad that you have prepared and serve. French baguettes go perfectly with this dish!