



Courgette (zucchini) soup

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 large courgette, diced
- 4 large potatoes, diced
- 1 large onion, chopped
- 1,2 liter of water
- 2 beef stock cubes
- some butter
- spices: I prefer 1 tsp of tarragon, but you can add others. For a spicy soup, add 1/2 tsp of dried red pepper

Instructions

1. dice or chop courgette, potatoes, onion
2. bake them slightly in some butter
3. add water and stock
4. allow to boil softly for 30 minutes
5. add spices
6. mix for 2 - 3 minutes

Optionally, use cream and freshly chopped parsil for decoration.
