



Blueberry muffins

NIBBLEDISH CONTRIBUTOR

Ingredients

2 1/2 cups flour
1 cup sugar
4 teaspoons baking powder
1 teaspoon salt
1 egg
1 cup milk
1/2 cup sour cream
3 Tablespoons melted butter
1 teaspoon lemon zest
2 cups fresh blueberries

Instructions

Sift dry ingredients together. Add the wet ingredients, mix well. Gently fold in blueberries. Fill lined muffin cups 2/3 full. Bake at 400F for about 20 minutes. Let rest for 5 minutes before removing from pan to cool on wire rack.