



# Blueberry muffins

NIBBLEDISH CONTRIBUTOR

## Ingredients

2 1/2 cups flour  
1 cup sugar  
4 teaspoons baking powder  
1 teaspoon salt  
1 egg  
1 cup milk  
1/2 cup sour cream  
3 Tablespoons melted butter  
1 teaspoon lemon zest  
2 cups fresh blueberries

## Instructions

Sift dry ingredients together. Add the wet ingredients, mix well. Gently fold in blueberries. Fill lined muffin cups 2/3 full. Bake at 400F for about 20 minutes. Let rest for 5 minutes before removing from pan to cool on wire rack.