

Easy Pancakes

NIBBLEDISH CONTRIBUTOR

Ingredients

I got this recipe off somewhere online and tweaked it a bit by adding the vanilla and mixing this batter with a fork. It was the first recipe I tried for pancakes and it has never failed me!

- 1 cup all-purpose flour
- 1 tablespoon white sugar
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1 cup milk
- 1 egg
- 2 tablespoons vegetable oil
- 1-2 teapoons of vanilla extract
- Fresh fruit (sliced strawberries, peaches, blueberries, apples, bananas, etc.) (optional)
- Maple syrup/honey (optional)
- Powdered sugar (optional)

Makes 2-3 servings or more, depending on how big the pancakes are!

Instructions

1. Preheat your pan or griddle to about medium heat. Do NOT turn the heat up or else the distribution of the heat is going to be mainly focused on the center. This may burn your pancakes on contact.

To make the batter, you need two bowls and a fork

- 1. In one bowl, sift or evenly distribute the dry ingredients.
- 2. This prevents the baking soda, powder, salt, and sugar from being concentrated in one part of the flour when mixed with the wet ingredients. Use the fork to break up any lumps in the mix.
- 3. In another bowl, mix the egg, milk, oil, and vanilla extract together.
- 4. Slowly combine the **wet** ingredients to the **dry** ingredients. Mix with the fork as you go.
- 5. Do not overmix!
- 6. Stir enough so that the flour is mixed in well.
- 7. Your batter is ready for the pan/griddle!

<u>Cooking</u>

- 1. The recipe I used called for about 1/4 cup of batter for each pancake but that's up to you. I usually just use a ladle for better handling.
- 2. Each pancake should take about a minute or so on each side (until golden brown).

<u>Serve it!</u>

- 1. Serve with fresh fruit, maple syrup, or powdered sugar.
- 2. I've also used this mix in a waffle iron press and it works perfectly!
- 3. Make this for yourself, impress your significant other, or treat your parents :).
- 4. And of course, enjoy!