

Creamy Mushroom Soup with turkish toast

NIBBLEDISH CONTRIBUTOR

Ingredients

tbs olive oil
tbs butter
onion chopped
clove garlic chopped
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2 kg mushrooms (any sort)
cup white wine
cup low fat milk
cups water
vegetable stock cubes
cornflour
salt
pepper

Instructions

Heat olive oil and butter on medium heat.

Add onion and fry still slightly softened.

Add garlic and stir for another 5 min.

Add mushrooms and coat in oil, onion and garlic.

Add white wine and cook till mushrooms soften.

Add 1 cup water and vege stock cubes.

Lower heat and simmer to 10 to 15 min.

Add milk and simmer for further 10 min.

Mix 1tbs cornflour and 1 cup water to form a liquid.

Pour into mushroom soup and stir until soup thickens.

Season with salt and pepper.

Adjust flavour an consistency as required. Soup should be able to coat the back of a spoon.

Serve with a drizzle of olive oil and warm turkish bread.