

Salmon and Dill Parcels

NIBBLEDISH CONTRIBUTOR

Ingredients

- 4 sheets puff pastry
- 1 large salmon fillet
- 1/4 cup chopped dill
- 1/2 cup finely sliced shallots
- 1 cup mushroom slices
- 1/2 lemon
- 50 grams butter
- 1 egg (beaten)
- salt & pepper

Instructions

- 1. Slice salmon fillet lengthways into 4 pieces and season with salt & pepper.
- 2. On each puff pastry piece, place a piece of salmon about 15cm from edge
- 3. Lay mushroom slices on top of salmon, sprinkle salmon with the dill, shallots, and finish with little blobs of butter and a squeeze of lemon juice
- 4. Fold in the edges and roll up
- 5. Place on baking tray seam down, and coat with the beaten egg
- 6. Pierce the top three times with a knife
- 7. Bake for 25 minutes on 180 degrees

This is really nice served with a wedge of lemon, salad and home made mayonnaise.