

Unhealthy but Tasty 'PaiKuat Fuchuk'/Dry Beancurd

NIBBLEDISH CONTRIBUTOR

Ingredients

dried bean curd (break into 2.5in long) pork ribs garlic (with skin, slightly crushed) salt dark soy sauce light soy sauce water

Instructions

- Heat oil in a wok & fry dried bean curd skin until the colour turns slightly brownish/golden. Remove & set aside (use kitchen roll to absorb the excessive oil if you wish)
- 2. Use the remaining oil (about 1-2 tbsp), stir-fry garlic until fragrant & skin turns slightly brownish, add ribs & stir for another 5-10mins over medium heat.
- 3. Add water, bring to boil. Add dark & light soy sauces before adding the fried dried bean curd. Top up boiling water to cover the bean curd. Add salt to taste & simmer for at least 1 hour (the taste gets better the longer you simmer)