

Curry of Chicken With Rice

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Ingredients

- 1 / 2 chicken breast cut.
- 1 onion.
- 1 apple.
- 1 lemon juice.
- 2 spoonfuls of raisins.
- 2 tablespoons almond fillets or pine nuts.
- 2 1/2 cups of water.
- 1 cup of round rice.
- Salt.
- Curry.
- · Olive oil.

Instructions

- 1. Boil the chicken in water with the lemon juice and some salt until it is tender.
- 2. Finely chop the onion and poach in a skillet with a little olive oil. When it are transparent, add the apple peeled and cut into cubes and stir.
- 3. After a couple of minutes, add rice, raisins and almonds. Then the curry.
- 4. Fry lightly a few minutes. Add the chicken and raise the fire to boil, stirring every few seconds. Try salt and rectify if necessary.
- 5. When the soup begins to boil, lower the heat to maintain a slight boil until rice is ready (20 minutes). If the surface of the grains are tough, let it rest covered the skillet a few minutes.