



# Tuna Apple Salad

NIBBLEDISH CONTRIBUTOR

## Ingredients

- 1 large apple, cored and cut into small cubes. (any kind of apple will work, but I love sweet apples like Red Delicious, Fuji and Pink Lady)
- 160g of tuna (canned or packaged in water), drained
- 3-4 tbsp mayonnaise to taste
- 1 clove minced garlic or equivalent garlic power
- small dash white pepper
- small dash dried parsley

## Suggested additions

- fresh cilantro, roughly chopped
- chopped roasted walnuts, pine nuts, pecans
- raisins or sultanas

## Instructions

1. Combine tuna, apples, mayonnaise and garlic in a medium bowl.
2. Add white pepper, parsley and additional ingredients to taste, and mix well.
3. Chill for 30 minutes in the refrigerator before serving.

Enjoy with toast or crackers. Serves about 2-4.