

# Grilled Flank Steak & Simple Greek Salad

NIBBLEDISH CONTRIBUTOR

## Ingredients

## 2lb Flank Steak or (beef skirt if low budget)

(dry marinade)

2 tsp paprika

1 tsp garlic powder

1 tsp cayenne pepper

1 tsp onion powder

1 tsp black pepper

1 tsp crushed dried thyme

2 tsp salt (more or less depending on your taste =)

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#### **Greek Salad**

2 cups baby greens (lettuce, arugula, matche etc (your fav)

2 cucumbers

1/2 cup crumbled Feta Cheese

Satziki

Dried oregano, tomatoes and onions (optional)

#### Tzatziki:

1 greek strained yogurt
3 tps mushed cucumber (use garlic press)
1/2 tps mushed garlic
1 tps olive oil (+-)
salt ^ pepper

## Instructions

#### Flank Steak

- 1. Rub dry marinade and place in a covered bowl for at least 1 hour, 24 hours top. (in refrigerator)
- 2. You could either use 2 tbs of olive oil or just non stick spray and cover your grill or pan if you've no grill at home.
- 3. Heat on high temperature (until smoking =)
- 4. For Medium cook 4-5 mins per side.
- 5. Wait 5 mins before slicing steak and serve with the greek salad.

### Simple Greek Salad

- 1. Peel off cucumbers and remove seeds (you could either cut it in squares or rectangles as shown on picture).
- 2. **Tzatziki:** Mix yogurt with olive oil, mushed garlic and cucumber, salt and pepper and reserve in refrigerator until ready to serve.
- 3. Serve greens first, then cucumbers, add feta cheese on top then put satziki on top or on a side.