

Chicken, Sesame Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

- Half Cucumber
- Half Carrot
- Brest Chicken 1
- Sugar 1tbs
- Soy Sauce 2tbs
- · Sesame oil 2tbs
- White Vinegar 2tbs
- Sesame seed 1tbs

Instructions

- 1. Boil the chicken until cooked throughout. Cool in cold water, and then shred by hand.
- 2. Cut the cucumber and carrot into long, thin 'match-stick' style pieces.
- 3. Mix the Soy Sauce, Vinegar, Sugar, Sesame oil and Sesame seeds together with the chicken and salad..
- 4. Enjoy!