Yogonaise

NIBBLEDISH CONTRIBUTOR

Ingredients

- Mayonnaise
- Yoghurt (low fat)
- Pepper & salt (optional)

Instructions

This is the easiest recipe I know :-)

1. Add 1 part of mayonnaise and 1 part of yoghurt.
2. Done!

The sauce tastes perfectly good like this, but if you like you can add a pinch of salt or some pepper. The obvious pro is that it's about half as fat as mayo. A bonus is that it tastes more refined than regular mayo! This is due to the slightly sour yoghurt.

I mostly use this sauce for garlic sauce (just add garlic...) and for tuna salad (just add tuna...).