



# Chick Souvlaki

NIBBLEDISH CONTRIBUTOR

## Ingredients

pita bread rocket & spinach mix 2 largish cherry tomatoes, sliced 1/4 onion, finely diced vinaigrette, to taste 100g chicken fillet garlic salt to taste a few sprigs of parsley, finely chopped 3 tbsp greek no fat yogurt salt & pepper to taste 1 clove of garlic, minced 1 tbsp lemon juice

## Instructions

I put this souvlaki together with whatever I had in the fridge. It's not really authentic but it's pretty yummy and has far more vegetables in it than the average souvlaki. Tzatziki: Combine greek yogurt, minced garlic, lemon juice, salt and pepper Mix well and set aside. Filling: Season the chicken fillet with garlic salt and pan fry. Slice cooked chicken thickly and set aside. Chuck rocket & spinach, parsley, tomatoes, onions and vinaigrette in a bowl. Add chicken in salad and toss. Spread tzatziki on insides of halved pita bread. Stuff pita with filling. Nomnom!!!