



Green Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

- 100 grams of spinach
- 100 grams of peas
- 100 grams of green asparagus tips
- 15 grams of mint

- 1 zucchini
- 1 lime
- 5 ts olive oil

Instructions

1. Grate the lime (take care, only grate the green. The white tastes very bitter). Mix the lime grate with the oil.
2. Boil the asparagus and the peas for 2 minutes. Take them out and rinse with cold water.
3. Slice the zucchini in such a way you get ovals instead of round slices.
4. Remove the leaves from the mint twigs, wash the spinach and mix the two together.
5. Put the spinach with mint on plates. Cover this with the asparagus, peas and zucchini. Then divide the remains of the oil over the plates by means of a salad dressing.