



Tofu Peanut Butter Dressing

NIBBLEDISH CONTRIBUTOR

Ingredients

1 tbsp (15 mL) peanut butter
3 tbsp (45 mL) balsamic or apple cider vinegar
1 tbsp (15 mL) lemon juice
1 1/2 c (360 mL) soft or firm tofu
3 tbsp (45 mL) honey or other sweetener
2 small cloves of garlic (6g)
1 tbsp (15 mL) Dijon or brown mustard
almond- or coconut- milk for desired thickness

Instructions

Place all ingredients in a blender and blend until smooth.