



stuffed french toast

NIBBLEDISH CONTRIBUTOR

Ingredients

- whole wheat bread
- strawberries
- cream cheese
- nutella
- egg
- milk
- vanilla

- canola oil spray

Instructions

1. Remove the crusts from the bread just for aesthetic purposes, you may omit this step.
2. Spread 1 T of softened cream cheese over one slice of bread and 1 T nutella on another slice of bread (it's totally up to you, really. You can put more or less, whatever you fancy)
3. Place slices of strawberry on either slice and put together both slices like in a sandwich.
4. In a bowl, whisk together 1 C of whole milk, 1 egg & 1/4 t vanilla extract.
5. Dip the "sandwich" in the egg and milk mixture until completely covered. (Do not oversoak.)
6. Spray the hot skillet with canola oil.
7. Cook both sides of the "sandwich" until golden.
8. Top with more strawberry slices and drizzle with authentic maple syrup if desired. (Personally, I find that the nutella makes it sweet enough so to help lower the calories in

this recipe, I opted out.)