



## “French” Toast

NIBBLEDISH CONTRIBUTOR

### Ingredients

- Bread (cheapest grocery store brand) - Eggs - Pancake syrup (not maple syrup, please!) - Lard - Some spices like cinammon or cayenne

### Instructions

1. Turn the pan on up to highest. 2. Cook the eggs with the bread until it's kind of light in color. 3. It's important if you use lard because butter will burn (and its expensive). 4. If you don't beat the eggs first then it won't work right. 5. Oh and dip the eggs in with the bread before you cook. 6. Then, put on some spices like cinnammon or honey! 7. That's it, now eat! As you see, you can eat this with a glass of grapefruit juice as I have done here.