



# Tomayo Dressing

NIBBLEDISH CONTRIBUTOR

## Ingredients

- 1/2 c (120 mL) lowfat mayonnaise - 1 large tomato (180 g), in halves or wedges - 1/4 small onion, peeled (18 g) - 1/2 tsp. (3 mL) ground basil

## Instructions

1. Place in blender and blend until smooth. 2. Refrigerate in an airtight container.