

Fennel and beer soup

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 big fennel 1 leek about 12 carrots 6 potatoes 3 chicken breast 2 cans of beer
- 1 liter of chicken stock (or water with some bouillon cubes) salt, fresh grind black pepper and olive oil (vegetairian variaton, delete chicken, add mushrooms)

Instructions

This soup has enough in it to serve as a meal for 4. Nice with some bread and....a beer! 1. Chop up the veggies and the peeled potatoes not to fine. Chop the chicken into bitesize bits. 2. Put a big pan on the fire, and heat the oil. Stirfry the chicken for about 4 minutes, than add the veggies, beer, stock (or water with cubes) and a lot of fresh grind pepper. Bring to the boil, and turn down heat. Put a lid on, and sit back for about 25 minutes. 3. Taste soup and add salt and pepper if needed. -edit- found a variation with fennel soup, in this recipe they put the whole bunch in the blender, and added some cream...and it tasted good!!!