



London Broil

NIBBLEDISH CONTRIBUTOR

Ingredients

This steak was a wonderful treat for us. Quite easy and taste like heaven (does heaven have a flavor?).

* slice of London Broil Steak (not sure what this cut of meat is actually called) * salt & pepper * 2 tbsp of butter, olive oil

Instructions

1. salt and pepper both side of the steak about an hour before cooking.
2. heat up an iron skillet with butter and olive oil.
3. When pan is nice and hot, throw the steak in. Allow each side to cook for about 2 minutes.
4. place the entire skillet under a broiler on high for 15 minutes. Flip once halfway through.
5. enjoy.