



Pam's grilled chicken breasts

NIBBLEDISH CONTRIBUTOR

Ingredients

chicken breast olive oil lemon juice grated lemon zest

Instructions

1. I use a filleting knife to slice the breasts lengthways to make two thin fillets. 2. drizzle with a good extra virgin olive oil 3. grate lemon zest (I use the large holes) 4. squeeze lemon juice 5. Leave in fridge to marinate for a couple of hours 6. Preheat grill 7. Cook on a high heat until cooked through 8. Eat hot or cold with grilled veges, or between slices of turkish bread with salad and a little mayonnaise