

Fresh mango + french toast

NIBBLEDISH CONTRIBUTOR

Ingredients

- whole wheat bread - egg - Mango - milk - vanilla extract - sugar - Salt - maple syrup

Instructions

** Good Morning, let's make some French toast today *** 1. Slices of Wheat bread (I like cut off the crust 2. In a bowl mix: egg, milk, Vanilla Extract, Sugar, Salt (if planning to use salted butter for cooking, then don't add any salt in this step) 3. Soaking the bread (make sure both sides are soaking wet) 4. In pan slice some butter + place (3) to cook till golden brown 5. Place (4) in plate, top with maple syrup + Mango 6. That's all ** Make some side salad with goat cheese if you like. **