Mango Pumpkin Super Soup

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 diced mango
- 2 cups of kabocha
- 1 small diced white onion
- 1 diced sweet red bell pepper
- 1 cup of veggie broth
- 2 cups of water
- sea salt, cracked pepper

Instructions

I'm sick! I have a cold. Super Soup to the rescue!

1. heat broth and water in large pan over med-high heat until it boils.

2. add pumpkin, onion and bell pepper to liquid and cook until pumpkin gets soft and mushy.

3. season with salt and pepper.

4. take off heat and transfer to food processor. puree it till smooth in texture.