Grilled Chook on stix

NIBBLEDISH CONTRIBUTOR

Ingredients

- Diced chicken - Soy sauce - Sweet Chilli sauce - Salt - Grated garlic - Lemon/Lime - Large diced onions - Large diced capsicum

Instructions

Quick and easy grilled chicken 1. Marinate chicken wih soysauce, sweet chilli sauce, salt and garlic 2. Pierce the chicken, capsicum and onions on skewers 3. Squeeze lemon through the chicken skewers 4. Grill and serve on a bed of rockets after the meet is cooked.