Baked Sweet Potato Doughnuts

NIBBLEDISH CONTRIBUTOR

Ingredients

Doughnuts

- 1&3/4 cups of flour
- 1/2 cup of sugar
- 1/2 tsp baking soda
- 1 tsp baking powder
- 1 tsp cinnamon
- 1/4 tsp salt
- 1/2 cup whipped cream
- 1/2 cooked sweet potato (mashed)

Icing

- 2 tbsp milk
- 1 cup of sugar
- 1/2 tsp vanilla extract

Instructions

Doughnuts are great, but they are a heart attack waiting to happen. I’ve had some baked versions of deep fried foods (e.g. chicken) so I decided there should be some baked doughnuts. I was very surprised and pleased with this recipe.

Doughnut

1. Mix all ingredients thoroughly.
2. Divide dough in to 6 equal portions on a non-stick cookie sheet. Bake at 375 °F

for 13 mins.

Icing

1. Mix all ingredients together.
2. Pour on top of the donuts.