8 SERVINGS | 25 MINUTES | 133 CALS

Sweeten up Your Summer with This Yummy Fruit Salad Recipe

SOPHIE VIAU

Ingredients

- 2 apples
- 1/2 cantaloupe
- 1 pineapple
- 1 cup watermelon
- 2 kiwis
- 1/2 cup blueberries
- 1 mango
- 1/4 cup maple syrup
- 1/2 cup orange juice
- 1 mint leaf (optional)

Instructions

PREP: 25M | COOK: | READY IN: 25M

1. Cut all fruits into small pieces, except blueberries.
2. Mix together in a large serving bowl.
3. Add the orange juice and maple syrup and mix.
4. Garnish with a mint leaf and serve.