



8 SERVINGS



35 MINUTES



189 CALS

Let's Taco 'bout Dinner: Simple and Quick Beef Taco Recipe

MIGUEL PORTILLO

Ingredients

- 1 lb ground beef
- 8 tortillas
- 3 cloves garlic
- 1 tsp salt
- 1 tsp ground pepper
- 1 tbsp paprika
- 1 tbsp olive oil
- 2 medium tomatoes, diced
- 1 onion, diced
- 4 tbsp fresh cilantro, minced
- 2 lemons, sliced
- 2 jalapenos, diced (optional)

Instructions



PREP: 15M

| COOK: 20M

| READY IN: 35M

1. Place a frying pan on medium heat. Add oil along with the garlic and let it cook for about 30 seconds.
2. Add the ground beef and let it cook for about 10 minutes, then add the salt, ground pepper and paprika and cook it for 10 more minutes or until beef looks brown.
3. Take one tortilla and fill it with the beef. Place on top diced tomato, onion, cilantro, jalapeño and lemon. Repeat this step with the remaining tortillas.
4. Serve them and enjoy!
5. Tip: to make the tortillas more flexible, place them in the microwave for about 1 minute. This will help when filling them with the ingredients.