



## mango ice dessert

NIBBLEDISH CONTRIBUTOR

### Ingredients

- 1 mango (about 250g), peel and seeded - 2 cups low fat milk - 1/2 cup cold mango juice

### Instructions

I still left 2 mangoes, got to finish them. D2 prefer this whereas I prefer the sago dessert. 1. Blend all ingredients till smooth. 2. Decorate with mango cube, condensed milk or yogurt on top (optional). Tips: You may add nata de coco at the bottom and decorate with a little mousse on top.